

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: ALZV

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BACKSTROKE WOMEN 11-12		Heat:3, starttime: 09:03
Heat: 3/3 Lane : 5 Athlete: NECULAE MARIA IULIA		Q-time: 00:38:48
PB (50m pool): no time		PB (25m pool): 00:38.48 SB: no time
PB	5 0 M	
	no time	
	no time	
		

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-12		Heat:3, starttime: 09:07
Heat: 3/3 Lane : 7 Athlete: WAGEMANS DAAN		Q-time: 00:45:02
PB (50m pool): no time		PB (25m pool): 00:45.02 SB: no time
PB	5 0 M	
	no time	
	no time	
		

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 13-14		Heat:2, starttime: 09:17
Heat: 2/2 Lane : 7 Athlete: VAN DEN BERGHE VINCE		Q-time: 00:34:78
PB (50m pool): 00:34.78 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:33.98 SB: no time
PB	5 0 M	
	00:34.78	
	00:34.78	
		

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 11-12			Heat:3, starttime: 09:23
Heat: 3/6 Lane : 5 Athlete: PINTE ELLA			Q-time: 01:35:25
PB (50m pool): no time			PB (25m pool): 01:35.25 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 5: 100M BACKSTROKE WOMEN 11-12			Heat:5, starttime: 09:28
Heat: 5/6 Lane : 2 Athlete: VAN HOEYMISSEN JANNE			Q-time: 01:28:01
PB (50m pool): no time			PB (25m pool): 01:28.01 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		

Coach feedback:

Event number: 7: 100M BUTTERFLY WOMEN 13-14			Heat:4, starttime: 09:48
Heat: 4/4 Lane : 3 Athlete: VAN ROY ONAH			Q-time: 01:12:41
PB (50m pool): 01:12.41 Antwerpen 20/07/2025			PB (25m pool): 01:11.40 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.26	01:12.41	
	00:34.26	00:38.15	

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 13-14			Heat:3, starttime: 09:54
Heat: 3/9 Lane : 8 Athlete: HERMAN WOUT			Q-time: 01:18:16
PB (50m pool): 01:18.16 Antwerpen 13/07/2025			PB (25m pool): 01:16.61 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.97	01:18.16	
	00:36.97	00:41.19	

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 13-14			Heat:4, starttime: 09:56
Heat: 4/9 Lane : 4 Athlete: HERMANS VIKTOR			Q-time: 01:11:92
PB (50m pool): 01:11.92 Antwerpen 13/07/2025			PB (25m pool): 01:08.67 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.61	01:11.92	
	00:34.61	00:37.31	
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11-12			Heat:1, starttime: 10:06
Heat: 1/4 Lane : 5 Athlete: PINTE ELLA			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 00:59.36 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE WOMEN 11-12			Heat:4, starttime: 10:10
Heat: 4/4 Lane : 6 Athlete: NECULAE MARIA IULIA			Q-time: 00:44:44
PB (50m pool): no time			PB (25m pool): 00:44.44 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11-12			Heat:5, starttime: 10:17
Heat: 5/5 Lane : 2 Athlete: WAGEMANS DAAN			Q-time: 00:38:02
PB (50m pool): no time			PB (25m pool): 00:38.02 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

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Event number: 12: 50M BACKSTROKE MEN 13-14					Heat:2, starttime: 10:22	
Heat: 2/3 Lane : 5 Athlete: HERMAN WOUT					Q-time: 00:42:39	
PB (50m pool): no time					PB (25m pool): 00:42.39SB: no time	
	5 0 M					
PB	no time					
	no time					
						

Coach feedback:

Event number: 12: 50M BACKSTROKE MEN 13-14										Heat:3, starttime: 10:23	
Heat: 3/3 Lane : 4 Athlete: HERMANS VIKTOR										Q-time: 00:36:11	
PB (50m pool): 00:46.96 Molenbeek 18/02/2024										PB (25m pool): 00:36.11 SB: no time	
	5 0 M										
PB	00:46.96										
	00:46.96										
											

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11-12			Heat:4, starttime: 10:42		
Heat: 4/6 Lane : 3 Athlete: VAN HOEYMISSEN JANNE			Q-time: 01:43:44		
PB (50m pool): 01:43.44 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:38.39 SB: no time		
	5 0 M	1 0 0 M			
PB	00:49.18	01:43.44			
	00:49.18	00:54.26			
					

Coach feedback:

Event number: 15: 100M FREESTYLE WOMEN 13-14			Heat:7, starttime: 11:04		
Heat: 7/9 Lane : 8 Athlete: VAN ROY ONAH			Q-time: 01:09:45		
PB (50m pool): 01:09.45 Antwerpen 20/07/2025			PB (25m pool): 01:06.82 SB: no time		
	5 0 M	1 0 0 M			
PB	00:33.60	01:09.45			
	00:33.60	00:35.85			
					

Coach feedback:

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Event number: 16: 100M BACKSTROKE MEN 13-14			Heat:5, starttime: 11:18
Heat: 5/8 Lane : 2 Athlete: VAN DEN BERGHE VINCE			Q-time: 01:21:46
PB (50m pool): 01:21.46 Antwerpen 13/07/2025			PB (25m pool): 01:18.65 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.89	01:21.46	
	00:39.89	00:41.57	
			

Coach feedback:

Event number: 17: 50M BUTTERFLY WOMEN 11-12			Heat:5, starttime: 11:32
Heat: 5/8 Lane : 1 Athlete: PINTE ELLA			Q-time: 00:46:75
PB (50m pool): no time			PB (25m pool): 00:46.75 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 17: 50M BUTTERFLY WOMEN 11-12			Heat:6, starttime: 11:33
Heat: 6/8 Lane : 2 Athlete: VAN HOEYMISSEN JANNE			Q-time: 00:41:42
PB (50m pool): no time			PB (25m pool): 00:41.42 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 19: 50M BACKSTROKE WOMEN 13-14			Heat:2, starttime: 11:41
Heat: 2/2 Lane : 2 Athlete: VAN ROY ONAH			Q-time: 00:37:83
PB (50m pool): 00:37.83 Aalst 11/05/2025			PB (25m pool): 00:34.65 SB: no time
	5 0 M		
PB	00:37.83		
	00:37.83		
			

Coach feedback: